

The Mpower Story

Since 1975 Mpower has been supporting families and individuals in south west Victoria to have real and meaningful connections to their community.

Scan for more information

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Mpower Inc.
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State Government Victoria
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For further information on

STAR

Short Term Accommodation and Respite

Phone

MPOWER INTAKE TEAM 03 5561 8111

Discover, connect, and thrive with Mpower STAR: your pathway to empowering and enriching respite.

Mpower is committed to meeting all industry and legislative compliance requirements including Child Safe Standards.

mpower inc. since 1975

Registered NDIS Provider

mpower inc. since 1975

STAR

Short Term Accommodation & Respite



STAR with Mpower

Enhancing Abilities • Supporting Families • Strengthening Communities

Our stays offer fun activities that support NDIS goals. STAR with Mpower ensures participants can Socialise, Thrive, Achieve, and Reflect while building friendships, enhancing social skills, and creating meaningful connections in a supportive environment.

INTRODUCTION TO SHORT TERM ACCOMMODATION & RESPITE (STAR)

Mpower Short Term Accommodation and Respite (STAR) provides temporary stays for people with disabilities under NDIS plans, aged 5 years to adults. It offers individuals the chance to explore new experiences, build friendships, and develop skills, while giving their families or carers a well-deserved break. We offer 1:1 day respite as well.



WHAT ELSE YOU NEED TO KNOW

All of our accommodations are inclusive and thoughtfully designed to cater to individuals with disabilities. Our dedicated staff provide support and resources needed to achieve the participant's NDIS plan goals.

While with us, participants can develop valuable life skills in a supportive environment. Activities include using public transport, gaining confidence in retail and grocery shopping, staying active with gym workouts, enjoying cinema outings, exploring country drives, dining out, and engaging in fun and enriching experiences—all designed to promote independence and personal growth.

If the participant's preference is to stay in their own home, we also offer support services tailored to their needs, providing assistance and care right in the comfort of familiar surroundings.



FUNDING

Funding for NDIS short-term accommodation is provided through the National Disability Insurance Scheme (NDIS) to eligible participants. Depending on the NDIS package, stays can be for:

- One night
- A weekend or up to 14 day blocks
- Up to 28 days per year

> "STAR has enabled our son to get the support when it was needed and provide my husband and I the peace of mind that he is safe and enjoying himself"