# THERAPY SERVICES AT MPOWER



KEY WORKER

**Mpower operates within a key worker model of practice where the key worker acts as a single point of contact for a family.**

A key worker, transdisciplinary model of practice is known to be best practice when working with families of children with disabilities and developmental delays.

**Every family who receives services from Mpower can be allocated a key worker.**

Key workers assist the family by:

- recognising the family as equal and valued members of the child's team.
- coordinating Early Childhood Therapy and related services.
- delivering programs.
- empowering parents and carers through individually tailored support, strategies, resources, coaching and information.
- supporting successful transitions to childcare, kinder and school.
- helping to build a team around a child.

> *"the Mpower team were like a cocoon wrapping around my child and our family"*
>
> JB

mpower inc.
since 1975

**Enhancing Abilities, Supporting Families, Strengthening Communities**

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mpower inc. since 1975

## BENEFITS OF HAVING A KEY WORKER



- Single point of contact minimises multiple appointments - you only need to share your family story with one person who will know your child and family situation well.
- Plans and skills are developed around family routines and supports are offered in natural environments (home, kinder, child care, community) as well as at Mpower venues.
- Evidence-based best practice model for children with disabilities or developmental delays.
- Easy to access supports.
- Families are recognised as the experts for their children.
- A trusting relationship is built as the family and Key Worker work in partnership.
- Support is provided to develop a plan based on your priorities and concerns for your child.
- Access to a skilled multidisciplinary team.
- Maximise the use of NDIS funding.

> "they listened to us and worked in partnership making therapy relevant to our child's life"
>
> LH

- Good communication amongst the team.
- Access to developmental programs and groups to build skills for successful outcomes and make new friends.
- Opportunities to attend supportive groups which aim to build your child's communication, motor, social and other developmental skills.
- Meet other families with similar experiences.

For further information and to book your place, contact

**Mpower Intake**
**03 5561 8111**

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