



siblings group

AGES 8 TO 12 YEARS

Siblings Group is an encouraging, friendly and fun-filled environment providing a great way to make friends and develop connections with other siblings who have similar life experiences.

AIM OF THE GROUP

- To understand more about disability and functional challenge
- To feel less alone
- To know new ways to deal with tricky feelings
- To have practiced coping skills they can use in their lives
- To feel more positive about themselves as siblings

ELIGIBILITY

- Children between 8 - 12 years of age, who have a sibling with a disability
- Children who are not the recipient of NDIS funding

WHEN

Wednesday 3:45pm to 5:15pm

For any enquiries, please contact the Mpower Intake team on (03) 5561 8111

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Warrnambool 3280

6 Nolte St
Hamilton 3300



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