



KEY WORKER MODEL

Mpower operates within a Key Worker model where the Key Worker acts as a single point of contact for a family.

A Key Worker, transdisciplinary model is known to be best practice when working with families of children with disabilities and developmental delays.

BENEFITS TO THE FAMILY

- Greater clarity of how best to support your child.
- Easy access to a team of professionals.
- Programs are based on family routine activities in the home, childcare, at school and in the community to enhance your child's progress.
- Fortnightly or weekly sessions tailored to fit your family.

For further information on

THERAPY SERVICES AT MPOWER

Phone

**MPOWER INTAKE
03 55618111**

Therapy Services Programs

- Out and About
- Towards Independence
- Skills for Life
- Platypus Playgroup
- SOS Food group
- Sing, Say Sign and Play

Mpower is committed to meeting all industry and legislative compliance requirements including Child Safe Standards.



71 Koroit St
Warrnambool 3280

6 Nolte St
Hamilton 3300

admin@mpower.org.au
www.mpower.org.au



REG: A0010905X

Registered NDIS Provider



- Enhancing Abilities
- Supporting Families
- Strengthening Communities



THERAPY SERVICES KEY WORKER MODEL

WHAT DOES A KEY WORKER DO?

- Provides information and practical support by working with the child and their relevant adults to encourage a child's learning and development during everyday routines.
- Acts as a single point of contact for families to discuss questions or concerns in greater detail.
- Builds a relationship and works in partnership with the family to meet the child and family's desired outcomes.
- Works with family strengths to support outcomes for their child.
- Supports the family with information, strategies, tools, resources and coaching.
- Develops and monitors the Family Service and Support Plan in partnership with the family to ensure family goals and priorities are respected.



WHY IS A KEY WORKER NEEDED?

Research studies have reported:

- The need for effective services and service coordination for families of children with disabilities or developmental delays.
- Parents want a single knowledgeable point of contact with services and an effective, trusted person to support them to get the outcomes they want for their child.
- The more health or developmental challenges a child has, the more services they receive from a number of sources. This means more people to tell their story to.

Every family who receives services from Mpower can have a Key Worker.

Key Workers assist the family by:

- Coordinating Early Childhood Therapy and related services.
- Delivering programs.
- Empowering parents and carers by providing support, strategies, resources, coaching and information tailored to meet their family and child's individual needs.

Where possible, the Key Worker will have a discipline/background related to one of the family's high priority needs identified during Intake.

Mpower's Key Worker Model



THE MODEL IN ACTION

- Meet with my Key Worker – this can be a therapist or teacher – first available space.
 - A group place is offered to start the ball rolling.
 - Guaranteed assessment by a therapist soon after starting.
 - Goals are set for the Key Worker to help implement.
- OR
- Therapist prepares program for support for an Allied Health Assistant.
 - Therapist 1:1 supports, if needed, commence as soon as a place is available.