## THERAPY SERVICES AT MPOWER



Mpower operates within a key worker model of practice where the key worker acts as a single point of contact for a family.

A key worker, transdisciplinary model of practice is known to be best practice when working with families of children with disabilities and developmental delays.

Every family who receives services from Mpower can be allocated a key worker.

Key workers assist the family by:

- recognising the family as equal and valued members of the child's team.
- coordinating Early Childhood Therapy and related services.
- delivering programs.
- empowering parents and carers through individually tailored support, strategies, resources, coaching and information.
- supporting successful transitions to childcare, kinder and school.
- helping to build a team around a child.

the Mpower
team were like
a cocoon
wrapping
around my
child and our
family





## THERAPY SERVICES



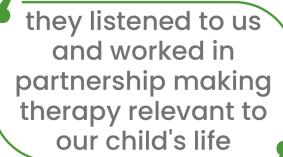
## **BENEFITS OF HAVING A KEY WORKER**



- Single point of contact minimises multiple appointments - you only need to share your family story with one person who will know your child and family situation well.
- Plans and skills are developed around family routines and supports are offered in natural environments (home, kinder, child care, community) as well as at Mpower venues.
- Evidence-based best practice model for children with disabilities or developmental delays.
- Easy to access supports.
- Families are recognised as the experts for their children.
- A trusting relationship is built as the family and Key Worker work in partnership.
- Support is provided to develop a plan based on your priorities and concerns for your child.
- Access to a skilled multidisciplinary team.
- Maximise the use of NDIS funding.

For further information and to book your place, contact

Mpower Intake 03 5561 8111



- Good communication amongst the team.
- Access to developmental programs and groups to build skills for successful outcomes and make new friends.
- Opportunities to attend supportive groups which aim to build your child's communication, motor, social and other developmental skills.
- Meet other families with similar experiences.