

# SENIOR HIGH FLYERS

TERM 3 – JULY TO AUGUST 2024

## Fridays



July  
**26**

### Union Station Hotel Dinner

Union Station Hotel here we come, everyone gather to enjoy a quick trip to Woolsthorpe to enjoy some of Union Stations best meals. Km \$21.87

August  
**09**

### Squash and Dinner Vibes

Get ready to hit the court for an epic game of squash, followed by a dinner of your choice! It's going to be a smashing good time! Km \$0.97

August

### Mini Golf & Dinner of your Choice

**23**

Who's up for a round of Mini Golf? Let's see who can score that elusive hole in one! Afterwards, dinner's of your choice –pick your favorite! Who's ready to have a blast?

Km \$1.66

September

### Barefoot Bowls & Dinner

**06**

Get ready for a blast at the City Bowls Club with some barefoot bowls action, followed by a tasty dinner at the City Memorial Bowls Club!

Km \$.0.90

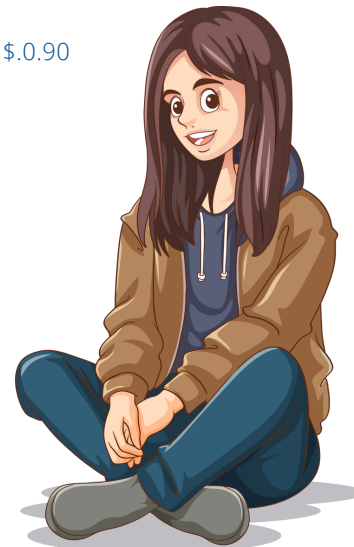
September

### Elements Restaurant

**20**

Who's up for a fantastic night out at the amazing Elements Restaurant? Let's dine in style and have a blast! Who's hungry and ready to join in?

Km \$0.41



Please turn  
over for  
important  
information

**mpower** inc.  
since 1975

Enhancing Abilities • Supporting Families • Strengthening Communities

## Important Information

**FLYERS:** Will be available throughout the year for listed dates and activities.

**CANCELLATIONS:** Please call Reception to cancel as soon as possible. Fees apply for cancellations and no shows as detailed in your current Service Agreement.

**MEDICATIONS:** If your child or adult participant is to have medication administered while attending an Mpower service, the following needs to take place prior to attending any session:

1. Operoo information is up to date.
2. A Mpower Medical Purpose form is completed by your treating Medical Practitioner and returned to Mpower Intake Team.
3. Where medication is required due to behavioural reasons, a Behaviour Support Plan is needed. This is a requirement of the NDIA.
4. Medication must be discussed with Disability Team staff prior to each program.
5. Medication must be packaged in a Webster pack provided by your pharmacy.
6. Short Term Accommodation and other program access will not be available until all the medication requirements are met

On the day of the Mpower program you will need to sign a medication form.

**REGISTRATION FORM / OPEROO PROFILE:** Medical information and consents are to be updated. Prior to attending any Mpower services where parents or carers do not attend, participants with health conditions (Asthma Management Plan, Diabetes Management Plan, Epilepsy Management Plan) must have up to date plans from your medical practitioner. The plans are to be attached to your Operoo profile page. For those who cannot access Operoo you will need to deliver a hard copy to the Mpower Intake Team.

**SUNSMART:** Please bring hat and apply sunscreen prior to the program. Sunscreen will be provided for re application. If the participant requires their own specific sunscreen, please inform staff and supply as required

**ENQUIRIES:** Please ask to speak with a member of our Intake Team on (03) 5561 8111

**EMERGENCY:** On call number Ph : 0458 618 118 for urgent issues outside of office hours



All sessions **COST \$20** unless otherwise specified.

Payment can be made on collection or you will be invoiced.

Kilometre price is a quote only, price may change due to number of participants.

If it is a day activity please bring your own **lunch, drink bottle** and **sun hat**.

Drop off at **5:00pm** - Pick up at **8:45pm**.

Meet at the rear of 84 Koroit Street, Warrnambool (enter via car park).